



New consultants forum

18 November 2025 | Virtual
2.15-5pm

3 CPD
credits

Programme

14.15 Welcome and introduction

Session 1

Chair – Dr Nadia Sarween, RCP New Consultants Committee representative - West Midlands

14.20 Recognising sexism and sexual misconduct

Dr Sarah Bowater, consultant cardiologist,
University Hospitals Birmingham NHS Foundation Trust

14.50 Panel discussion – **Dr Sarah Bowater and Dr Mumtaz Patel**, RCP president

15.05 Walking your own leadership path

Dr Ruw Abeyratne, director of health equality and inclusion,
University Hospitals Leicester NHS Trust

15.45 Comfort break

Session 2

15.55 **Chair – Dr Udit Mittal**, RCP New Consultants Committee representative – Oxford and Thames Valley

15.55 Palliative care – improving outpatient skills, broadening mortality

Dr Milind Alroker, consultant in palliative care,
University Hospitals of Birmingham NHS Foundation Trust

16.45 Open forum – your opportunity to network with RCP new consultant committee representatives and new consultant colleagues

16.55 Closing remarks

17.00 Close